

5 LOVE LANGUAGES WORKSHEETS

Dr Gary Chapman's five Love Languages consist of: Words of Affirmation, Quality Time, Receiving Gifts, Acts of Service and Physical Touch. Write down each of your Love Languages (Loving Gestures that you like receiving from your partner) and how they make you feel below.

1. Love Language I love my partner to do, say or give to me.

How I feel when my partner gives this gesture of love to me.

How I feel and what I think about our relationship when my partner makes the effort to give this gesture of love to me.

2. Love Language I love my partner to do, say or give to me.

How I feel when my partner gives this gesture of love to me.

How I feel and what I think about our relationship when my partner makes the effort to give this gesture of love to me.

3. Love Language I love my partner to do, say or give to me.

How I feel when my partner gives this gesture of love to me.

How I feel and what I think about our relationship when my partner makes the effort to give this gesture of love to me.

4. Love Language I love my partner to do, say or give to me.

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5. Love Language I love my partner to do, say or give to me.

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6. Love Language I love my partner to do, say or give to me.

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7. Love Language I love my partner to do, say or give to me.

How I feel when my partner gives this gesture of love to me.

How I feel and what I think about our relationship when my partner makes the effort to give this gesture of love to me.

8. Love Language I love my partner to do, say or give to me.

How I feel when my partner gives this gesture of love to me.

How I feel and what I think about our relationship when my partner makes the effort to give this gesture of love to me.

9. Love Language I love my partner to do, say or give to me.

How I feel when my partner gives this gesture of love to me.

How I feel and what I think about our relationship when my partner makes the effort to give this gesture of love to me.

10. Love Language I love my partner to do, say or give to me.

How I feel when my partner gives this gesture of love to me.

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